

KENYA



BOOSTING COMMUNITY-BASED TOURISM
AND YOUTH WORK FOR GLOBAL
SUSTAINABLE DEVELOPMENT



3 months

d u r a t i o n



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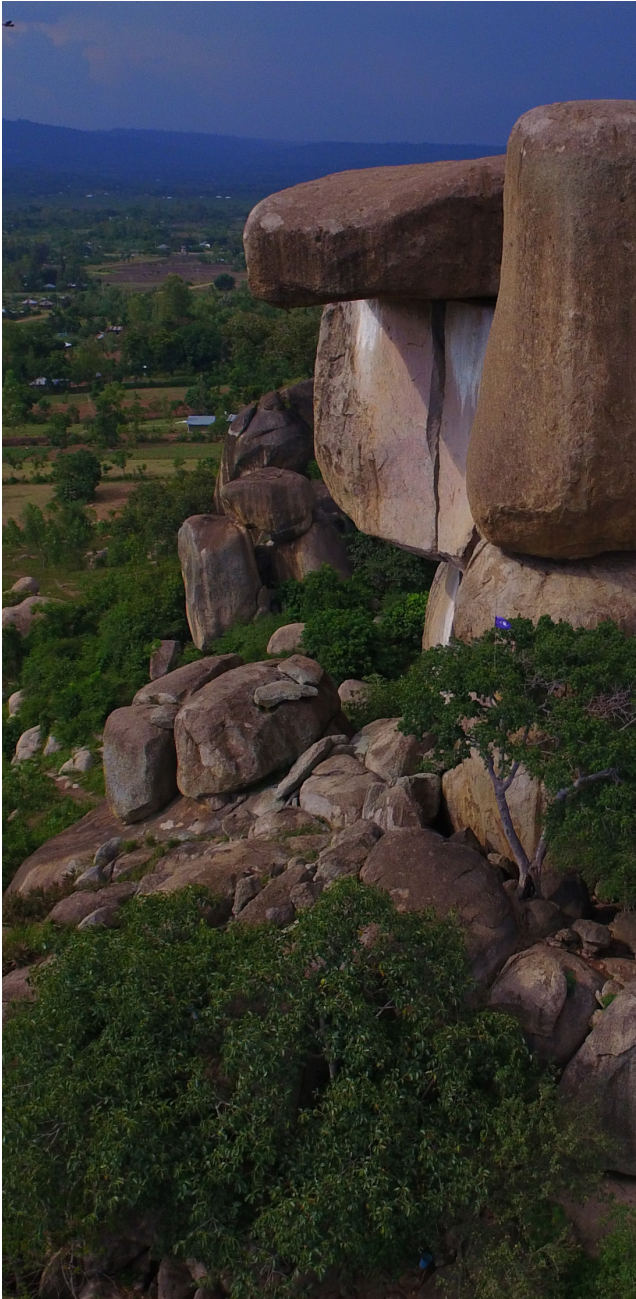


LOCATION

Kisumu and Migori

THEME OF YOUR CBT VOLUNTEERING EXPERIENCE

Orphanage volunteer mission



CONTEXT

The orphanages in Kenya struggle to adequately provide for the children because of the overwhelming amount of children, and the lack of staff and resources. As a volunteer in Kenya, you'll be helping in lightening the load off the staff by contributing your time working with the children. You'll be placed on the front lines, working to feed, support, and care for the children who are deprived the love and attention of parents. With your encouragement, you'll be able to restore their hope for a meaningful future. Working in this project is very challenging, but it is definitely most rewarding.

For the orphaned children Kenya, there are very little options available to them. The only source of help for them is to look for orphanages that are willing to take them in. Due to death of parents from diseases like HIV/AIDS, thousands of children become orphans in Kenya every year. The orphanages are always full and are in a constant struggle to house, feed, clothe and educate the children. By volunteering, you'll help lessen the burden of the orphanages, and make sure that all the children are well taken care of. You'll teach them, care of them, provide them with love and make them confident and capable of seeing that they have a bright future.



PURPOSE OF YOUR CBT VOLUNTEERING PROJECT:

You will be volunteering in children's homes and orphanages, caring for children aged between 5-18. The purpose of your volunteering experience is to foster the sense of a family and community of orphans living in these homes.

You will support the work of the staff, helping them in various practical work that is necessary to run the orphanage, such as cooking and cleaning, helping with the maintenance of the facilities (gardening, painting rooms), and of course you will have the chance to support or lead educational and social activities for the children, based on your interests and competences.

However, bonding and forming relationships with children needs to happen with responsibility. You will stay relatively short time with them, passing through their lives, therefore, we recommend you to try to find a way to support and stay connected to them even after you return home, so that your impact can be even more significant on their lives.

Orphanage placements are hard work, what with chores and entertaining and caring for large groups of children – so plenty of enthusiasm and a lot of energy are a must!

ACTIVITIES YOU CAN BE ENGAGED IN - BASED ON YOUR INTERESTS AND SKILLS:

Some of the most valuable work you'll do of course, will be spending time with the orphans: playing with them, caring about them, helping with their homework and getting to know them. As a volunteer you can help to provide more individual care and attention for each child. As well as spending time with the children on an informal basis, we encourage you to organize games and evening activities.

As a volunteer in the Orphanage program, you will be working with children from impoverished backgrounds at an orphanage. You may also work with volunteers or assistants at the center. Depending on your individual interests

and skills, and on the needs of the local staff, your daily activities involve, but are not limited to:

- Teaching basic English, Math, Science, Physical Education, or other subjects of interest
- Help in the school garden through: teaching gardening classes, caring for livestock, supervising children and adults in gardening activities, helping with training events
- Providing care, love and attention to children
- Providing daily care to the children such as preparing meals and watching over them
- Help them with their homework
- Participate in playtime activities
- Educating on personal hygiene, and safety rules and precautions
- Developing stimulating new ideas to interest the children to learn
- Organizing and leading extracurricular activities such as games, sports, art, music, dancing, storytelling, drama lessons, etc.
- Assisting the local staff with administrative duties, promoting fundraising activities, and helping to plan events and excursions for the children

We recommend you to plan and prepare a project for your team and the kids to do. Think about the skills and experience you have to offer, and brainstorm about the kind of projects you could organize. You can always ask us for help and advice. Remember to make sure your project is feasible within the timescale of your program, and that you bring any special equipment or materials you will need.

INTERCULTURAL EXPERIENCE YOU WILL BE PART OF:

- Learning local stories and history of the villages, sites.
- Experience in learning local recipes and eating local dishes.
- Meeting new people and making friends
- Learning and experiencing local cultures, customs and way of life





FACULTATIVE TRIPS YOU CAN CHOOSE FROM:

- Lake excursions, Dunga Beach, Sunset watch
- Bird watching
- Kit Mikayi
- A visit to the Kisumu Museum
- Simbi Nyaima
- Ndanu falls
- Lake Nakuru
- Hell's Gate Park
- Masai Mara Safari.
- Amboseli

YOU WILL BE HOSTED AT:

You will be accommodated in **home stays** with local families with quality accommodation, running water, electricity and comfortable rooms for your stay. It will be exciting to stay with a host family, from who you have the opportunity to learn about the Kenyan way of life, meet and get to know local people, enjoy typical home-made local food, learn to speak the local language and engage in local customs and traditions. You will not share your bedroom with anyone except in cases you are jointly

staying with another volunteer. Living rooms are usually shared.

You can also choose to stay in a hotel and personally pay for accommodation and food charges (best for group volunteers). RHD can help you get a good local hotel with good security, hospitality on a reasonable price.

