

KENYA



BOOSTING COMMUNITY-BASED TOURISM
AND YOUTH WORK FOR GLOBAL
SUSTAINABLE DEVELOPMENT



2 weeks d u r a t i o n



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LOCATION

Kisumu

THEME OF YOUR CBT VOLUNTEERING EXPERIENCE

Sports volunteer Mission Trip

CONTEXT

Kisumu SlumSoccer kids under the stewardship of the Resource Hub for Development provides both young boys and girls from the informal settlements in Kisumu the opportunity to participate in coached training sessions as well as matches and tournaments with other youths from Kisumu. Current Kisumu SlumSoccer teams include under-10, under-12, under-14 and and under 16 squads.. The main aim here is to use sports and games to engage youth to build safer spaces and boost talent development. Our doors are open to mentors and coaches in all fields of sports and games including football, volleyball, basketball, yoga, and athletics among others. Your experience, training ideas and coaching can make a real difference to young people looking to build their confidence and competence on and off the pitch.



PURPOSE OF YOUR CBT VOLUNTEERING PROJECT:

Manage sport teams that act as a support system: Being able to come to play every week gives the children a sense of regularity and stability in a living environment that can be chaotic. Coaches act as mentors for the players and liaise with parents to ensure the children's overall well-being.

Skills building: Participation in sport is known to help youth build skills such as honesty, respect, discipline, leadership, and teamwork.

Productive use of time: Participating in soccer keeps the children occupied in a safe and productive activity. They are more likely to stay away from drugs, crime, and other negative behaviors that result from idleness in the slum.

Educational support: The children are encouraged to attend after-school tuition, provided by Kisumu Slum Soccer Kids under the stewardship of Resource Hub for Development. Every term, all children are provided with school notebooks and pens.

ACTIVITIES YOU CAN BE ENGAGED IN - BASED ON YOUR INTERESTS AND SKILLS:

As a sports volunteer, you will usually spend your mornings working in a school, orphanage, project, before joining the RHD sports academy in the evenings and over the weekends.

Training sessions consist of fitness drills, skill-based tasks, team drills and game



situations. Your experience, training ideas and coaching can make a real difference to young people looking to build their confidence and competence on and off the pitch.

As a volunteer the activities you'll be involved in include but are not limited to:

1. Training and coaching activities
2. Training referees and coaches
3. Organisation of sponsoring sport events/ campaigns
4. Conducting leadership and life skills trainings
5. Getting involved in crowd funding campaigns for the children

INTERCULTURAL EXPERIENCE YOU WILL BE PART OF:

- Learning local stories and history of villages and sites.
- Experience in learning local recipes and eating local dishes.
- Meeting new people and making friends
- Learning and experiencing local cultures, customs and way of life





FACULTATIVE TRIPS YOU CAN CHOOSE FROM:

- Lake excursions, Dunga Beach, Sunset watch
- Bird watching
- Kit Mikayi
- A visit to the Kisumu Museum
- Simbi Nyaima
- Ndanu falls
- Lake Nakuru
- Hell's Gate Park
- Masai Mara Safari.
- Amboseli

YOU WILL BE HOSTED AT:

You will be accommodated in home stays with local families with quality accommodation, running water, electricity and comfortable rooms for your stay. It will be exciting to stay with a host family, from who you have the opportunity to learn about the Kenyan way of life, meet and get to know local people, enjoy typical home-made local food, learn to speak the local language and engage in local customs and traditions. You will not share your bedroom with anyone except in cases you are jointly

staying with another volunteer. Living rooms are usually shared.

You can also choose to stay in a hotel and personally pay for accommodation and food charges (best for group volunteers). RHD can help you get a good local hotel with good security, hospitality on a reasonable price.

